

APR 2019



SUN	MON	TUE	WED	THU	FRI	SAT
MAR 31 KICKOFF 3-5 PM Degree Wellness	01	02 Full Psycle 9:15 AM Facebook Live 8 PM	03 F45 Jacksonville Beach 9:15 AM	04	05 F45 Jacksonville Beach 8 AM	06
07 Jax Cooking Studio Healthy Cooking Class 5 PM (ticketed event)	08 Orangetheory Fitness (Oakleaf) 9:30 AM Facebook Live 8 PM	09	10 Four Friends Fitness 9 AM	11	12	13 Asana Wellness Bootcamp 9 AM
14	15	16 Everbalance Yoga Core Fusion 9:15 AM Facebook Live 8 PM	17	18	19	20 Sunrise Yoga 7 AM
21	22	23	24	25	26	27 DEFINE Bounce Class 10:15 AM
28	29	30 Cyclelogy Studio 9 AM Facebook Live 8 PM				