



NATIONAL ALLIANCE for Eating Disorders

The National Alliance for Eating Disorders (formerly The Alliance for Eating Disorders Awareness) is the leading national nonprofit organization dedicated to the outreach, education, early intervention, support, and advocacy for all eating disorders.

SUPPORT



Free therapist-led support groups nationwide, virtual + in-person, for individuals + loved ones.

HELP



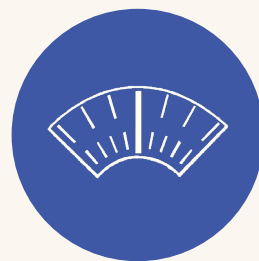
Referrals for all levels of treatment through our findEDhelp website/app + therapist-staffed helpline.

EDUCATION



Free educational trainings arming healthcare providers to recognize eating disorders + refer to care.

SOUTHERN SMASH



Unique + empowering scale smashing events + SmashTALK panel discussions.

help. support. recovery.

allianceforeatingdisorders.com • findEDhelp.com

866-662-1235

